

## **D-1 Test Prep (updated 4/03)**

WHEN YOU COMPLETE ONE OF THE STEPS BELOW, HAVE AN ADULT (NOT YOUR PARENT) CHECK IT OFF, THEN TAKE IT TO THE D.C. TO BE CHECKED OFF THE MASTER LIST. WHEN ALL ITEMS ARE CHECKED OFF THE MASTER LIST, YOU WILL BE READY FOR YOUR RATING!

	DATE	O.K.
<b><u>RIDING GOALS:</u></b> <i>To ride without leading line, demonstrating Basic correct position in an enclosed area at the halt, and with Control at the walk and trot.</i>		
Mount and dismount, with assistance if necessary.	_____	/___/
Hold reins correctly at the halt.	_____	/___/
Shorten and lengthen reins correctly at the halt.	_____	/___/
Demonstrate basic correct position at the halt and walk.	_____	/___/
Ride at the walk and trot, with control, keeping pony on rail.	_____	/___/
Demonstrate simple change of direction at the walk and trot.	_____	/___/
Perform gradual transitions from walk to trot and trot to walk.	_____	/___/
Demonstrate basic balanced position at the walk.	_____	/___/

### **RIDING OVER FENCES**

Walk over poles on the ground in jumping positions.	_____	/___/
Discuss the reason for different positions when riding on the flat and over fences.	_____	/___/
Ride over poles, demonstrating basic balanced position.	_____	/___/

### **TURN OUT**

Demonstrate safe and neat attire.	_____	/___/
Demonstrate pony neatly brushed; feet picked out (with assistance) and showing farrier care.	_____	/___/
Demonstrate safe, neat tack (properly adjusted, with assistance if necessary.)	_____	/___/

**PARTS OF PONY/TACK**

Name 10 parts of saddle and bridle (any) \_\_\_\_\_ /\_\_\_/

Name 2 reasons for cleaning tack. \_\_\_\_\_ /\_\_\_/

Name any 10 parts of a pony \_\_\_\_\_ /\_\_\_/

**STABLE MANAGEMENT**

Groom pony with brush and curry comb, pick out feet, with assistance \_\_\_\_\_ /\_\_\_/

Give 1 reason to pick out feet \_\_\_\_\_ /\_\_\_/

Tack up and untack pony, with assistance \_\_\_\_\_ /\_\_\_/

**LEADING / LONGEING / CONDITIONING / NUTRITION**

Approach pony safely, put on halter, lead, and turn correctly and safely \_\_\_\_\_ /\_\_\_/

Know 1 reason for cooling out pony after exercise \_\_\_\_\_ /\_\_\_/

Know how to give water, grain, hay, and tidbit to pony safely \_\_\_\_\_ /\_\_\_/

**HEALTH CARE / VETERINARIAN**

Discuss what a veterinarian is. \_\_\_\_\_ /\_\_\_/

Give 1 reason why the vet might treat your pony. \_\_\_\_\_ /\_\_\_/

**ROAD AND TRAVEL SAFETY**

Know basic rules of safe riding in a group, in an enclosed area. \_\_\_\_\_ /\_\_\_/