

C-1 Test Prep (updated 4/03)

WHEN YOU COMPLETE ONE OF THE STEPS BELOW, HAVE AN ADULT (NOT YOUR PARENT) CHECK IT OFF, THEN TAKE IT TO THE D.C. TO BE CHECKED OFF THE MASTER LIST. WHEN ALL ITEMS ARE CHECKED OFF THE MASTER LIST, YOU WILL BE READY FOR YOUR RATING!

RIDING GOALS: *To ride with confidence and control on the flat and over fences, demonstrating a basic balanced position and use of natural aids. Begin to initiate free forward movement and begin to establish a light feel of pony's mouth.*

	DATE	O.K.
<u>RIDING ON THE FLAT</u>		
Warm up for everyday work, to include some warm up exercises.	_____	/___/
Discuss values of warm up exercises.	_____	/___/
Ride at walk, trot, and canter, with smooth transitions, performing circles and figure 8's at each gate.	_____	/___/
Demonstrate long rein, loose rein, and light contact at the walk.	_____	/___/
Discuss performance, including whether or not pony was moving freely forward.	_____	/___/
Perform suppling exercises, for rider without stirrups: walk, sitting trot.	_____	/___/
Demonstrate aids to move pony away from the leg at halt (sideways).	_____	/___/
Describe 3 artificial aids and their use.	_____	/___/
Perform emergency dismount at the trot.	_____	/___/

RIDING OVER FENCES

Perform gymnastic exercises for rider over trotting poles, followed by small fence (max. 2'3"), developing into small grid (3 fences max., not to exceed 2'3")	_____	/___/
Ride over stadium course, 6-8 obstacles, including a 2-stride combination, no obstacle to exceed 2'9".	_____	/___/
Discuss performance, pace, and ways ride could be improved.	_____	/___/

RIDING IN THE OPEN

Ride safely with a group at the walk, trot, and canter.	_____	/___/
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Discuss and/or demonstrate riding safely over hills, ditches, low banks, flat open areas, streams. _____ /___/

Ride over cross-country obstacles, not to exceed 2'9". _____ /___/

Discuss performance, giving reasons for any disobediences. _____ /___/

TURN OUT

Discuss formal and informal attire; correctly dress in one as designated by DC _____ /___/

Present well-groomed pony, reflecting regular care. _____ /___/

Demonstrate safe, clean, and well adjusted tack, reflecting regular care. _____ /___/

CONDITIONING

Discuss conditioning and how to condition for Pony Club activity of your choice. _____ /___/

NUTRITION

Describe how feeds are measured and weighed: know amount and type of feed for own pony; describe characteristics of good and bad feed, watering, and pasture. _____ /___/

STABLE MANAGEMENT

Discuss bedding appropriate to your area. _____ /___/

Describe conditions which foster internal & external parasites, procedure for parasite control, in pasture and stall management, ways to control flies, bot eggs _____ /___/

Discuss types and causes of stable vices. _____ /___/

Describe and give reasons for 3 types of clipping. _____ /___/

Put a blanket or sheet on pony. _____ /___/

CONFORMATION & LAMENESS

Identify good and bad points of basic leg conformation. _____ /___/

Describe 5 common unsoundnesses (location and outward appearance). _____ /___/

TRAVEL SAFETY

Discuss basic equipment needed for pony's safety and comfort during trailer travel. _____ /___/

Demonstrate knowledge of Trailer Safety Checklist. _____ /___/

RECORD BOOK

A minimum of 6 months prior to testing is required, including immunizations, worming, schedule, teeth, shoeing, etc.; bring to rating _____ /___/

HEALTH CARE / VETERINARY KNOWLEDGE

Describe how to treat minor wounds. _____ /___/

Discuss regular working routine for own pony, how and why to de-worm new horses in barn. _____ /___/

Know health care schedule for own pony, to include dates of inoculations (tetanus, encephalomyelitis, etc.), deworming, shoeing, and teeth floating _____ /___/

INTRODUCTION TO HORSE SPORTS

List all the horse sports offered in USPC. _____ /___/

TEACHING

Under direct supervision, perform and explain reasons for a safety and Tack inspection for a D Pony Club member. _____ /___/

LONGEING

Discuss reasons for longeing, necessary equipment and safety procedures. _____ /___/

FOOT & SHOEING

Discuss 5 steps in shoeing. _____ /___/

Recognize farrier tools and use. _____ /___/

BANDAGING

Apply a shipping bandage (with assistance of examiner, if needed). _____ /___/